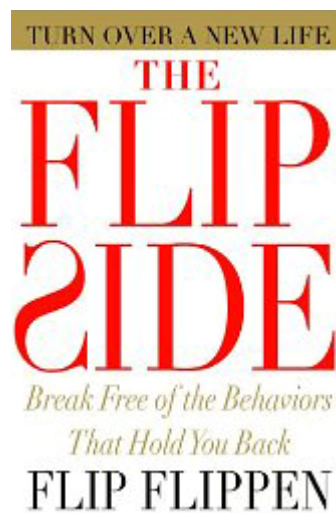




[Buy on Amazon](#) In Our Library: **Boundaries: When to Say YES, When to Say NO, To Take Control of Your Life**

Cloud, Henry & Townsend, John | Zondervan, © 1992

In order to call themselves good Christians, many people have drawn overly flexible boundaries (unwilling to say no, always accommodating others' needs) or overly rigid boundaries (to the point of being righteous and judgmental). Psychologists and inspirational speakers Cloud and Townsend show readers how to set reasonable boundaries in order to follow the true path of Christianity. This book has become immensely popular, most likely because it makes personal boundaries easier to define and is filled with spiritual purpose. Some cautions: the format can be overly self-helpish for such a complex discussion and the authors at one point imply that judicious spankings may be an acceptable form of setting boundaries with children. However, many Christians will probably find themselves grateful for this biblical context of boundaries.



[Buy on Amazon](#) **The Flip Side: Break Free of the Behaviors That Hold You Back**

Flippen, Flip | Springboard Press, © 2007

Great advice for everyone, but particularly appealing to those who are taking stock of what they want to do with the rest of their lives, Flippen's approach is surprisingly simple. When we learn how to identify our "personal constraints" and take the necessary steps to correct self-limiting behaviors.



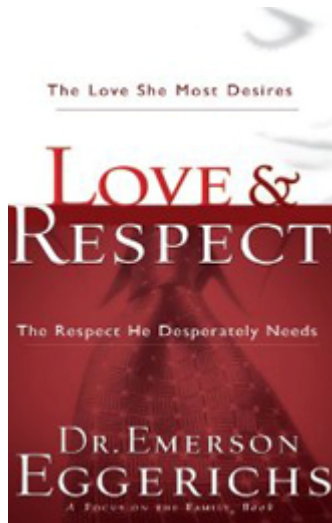
[Buy on Amazon](#)

Sex God: Exploring the Endless Connections between

Sexuality and Spirituality

Bell, Rob | Zondervan, © 2008

Sex God is about relationships revealed in a way that elevates the human condition and offers hope to those whose relationships are wounded. In Bell's spare, somewhat oblique style, he addresses lust, respect, denial, risk, acceptance and more.



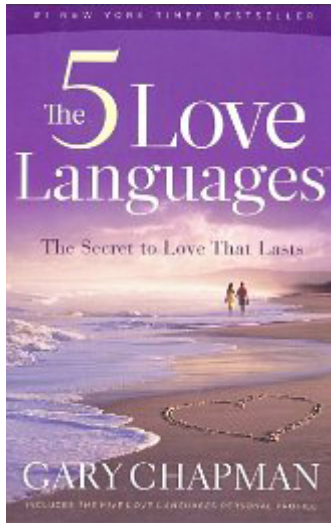
[Buy on Amazon](#)

Love & Respect: The Love She Most Desires; The Respect

He Desperately Needs

Eggerichs, Emerson | Thomas Nelson, © 2004

Discover the Single Greatest Secret to a Successful Marriage. Psychological studies affirm it, and the Bible has been saying it for ages. Cracking the communication code between husband and wife involves understanding one thing: that unconditional respect is as powerful for him as unconditional love is for her. It's the secret to marriage that every couple seeks, and yet few couples ever find.

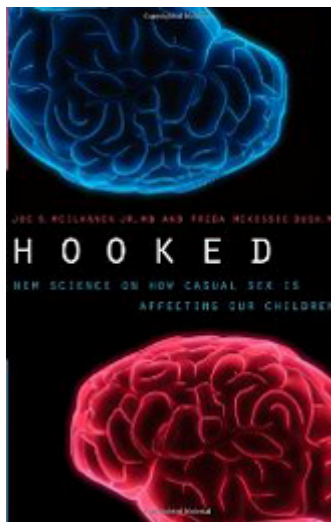


[Buy on Amazon](#)

The 5 Love Languages: The Secret to Love That Lasts

Chapman, Gary | Northfield Publishing, © 2010

Marriage should be based on love, right? But does it seem as though you and your spouse are speaking two different languages? New York Times bestselling author Dr. Gary Chapman guides couples in identifying, understanding, and speaking their spouse's primary love language—quality time, words of affirmation, gifts, acts of service, or physical touch.

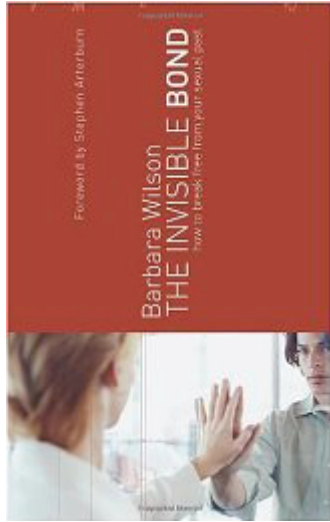


[Buy on Amazon](#)

Hooked: New Science on How Casual Sex is Affecting Our Children

M.D. Joe S. McIlhane Jr, M.D. Freda McKissic Bush | Northfield Publishing, © 2008

Millions of American teenagers and young adults are finding that the psychological baggage of such behavior is having a real and lasting impact on their lives. They are discovering that “hooking up” is the easy part, but “unhooking” from the bonds of a sexual relationship can have serious consequences.

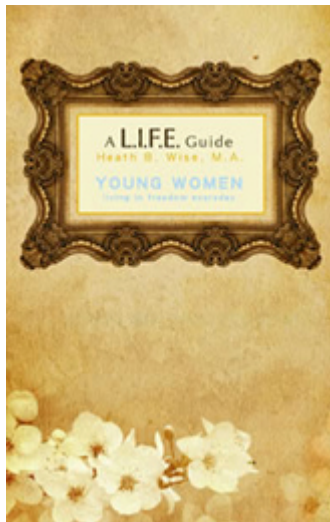


[Buy on Amazon](#)

The Invisible Bond: How to Break Free from Your Sexual Past

Wilson, Barbara | Multnomah Books, © 2006

Sex is like glue. Super human glue. Inside marriage, God designed it to be a bond that is powerful and unifying. Outside of marriage, the bonds of sex can be devastating. Long after the lover is gone, the bond we've created stays with us, negatively impacting our lives and future relationships.

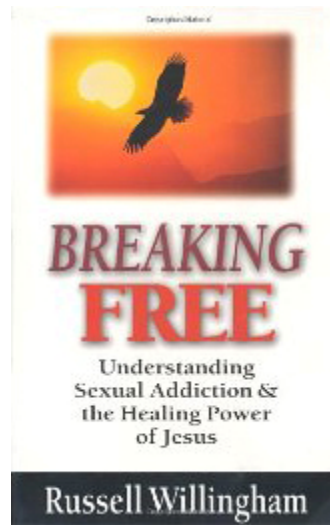


[Buy on Amazon](#)

A L.I.F.E. Guide for Young Women

M.A. Heath Wise | Life Ministries, © 2010

The L.I.F.E. Guide for Young Women is designed to help bring young women to sexual integrity in a sexually saturated world. This resource differs from our women's guide as it applies to a teenager's life and is NOT peer-led. Start at the roots of a developing young woman and steer her to sexual integrity for life!

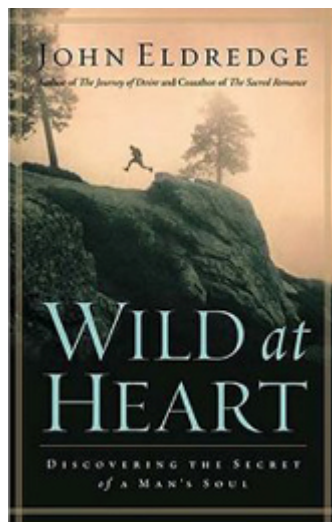


[Buy on Life Ministries](#)

Breaking Free: Understanding Sexual Addiction & the Healing Power of Jesus

Willingham, Russell | IVP Books, © 1999

Our world is awash in sex. We are bombarded with it everywhere we turn--TV, newspapers and magazines, music, movies and the Internet. When this ever-present temptation mixes with human weaknesses and unmet needs, many get pulled into addiction to sexually sinful behavior. Is there any hope? Russell Willingham speaks from his own experience and that of the many he has counseled.

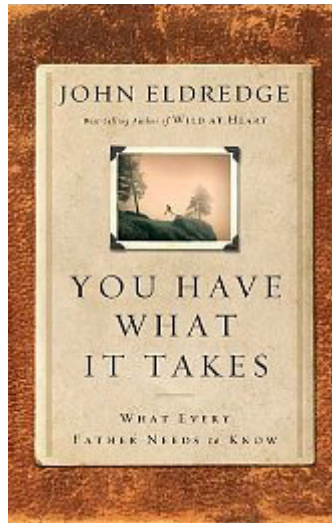


[Buy on Amazon](#)

Wild at Heart: Discovering the Secret of a Man's Soul

Eldredge, John | Thomas Nelson, © 2010

If Christian men are going to change from a pitiful, wimpy bunch of "really nice guys" to men who are made in the image of God, they must reexamine their preconceptions about who God is and recover their true "wild" hearts, writes bestselling author John Eldredge in Wild at Heart: Discovering a Life of Passion, Freedom, and Adventure.

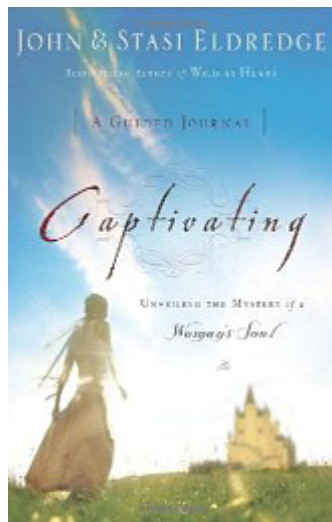


[Buy on Amazon](#)

You Have What It Takes: What Every Father Needs to Know

Eldredge, John | Thomas Nelson, © 2009

Wild at Heart helped men to rediscover their masculine hearts-to be the men God designed them to be. Now this small book goes a step further, encouraging fathers to pass this insight on to their children. Eldredge gives fathers a look inside both themselves and their sons and daughters, encouraging them to give their children permission to be who God designed them to be.



[Buy on Amazon](#)

Captivating: Unveiling the Mystery of a Woman's Soul

Eldredge, John & Stasi | Thomas Nelson, © 2010

What Wild at Heart did for men, Captivating is doing for women. Setting their hearts free. This groundbreaking book shows readers the glorious design of women before the fall, describes how the feminine heart can be restored, and casts a vision for the power, freedom, and beauty of a woman released to be all she was meant to be.



[Buy on Amazon](#)

Sheet Music: Uncovering the Secrets of Sexual Intimacy in

Marriage (For Married Couples Only)

Leman, Kevin | Tyndale House Publishers, Inc., © 2003

With his characteristic warmth and humor, Dr. Kevin Leman offers a practical guide to sex according to God's plan. This frank and practical book is a perfect resource for married and engaged couples. Now in softcover.